

WHAT IS BOTOX?

Botox or botulinum toxin is a protein that prevents the transmission of a signal from a nerve to a muscle and is used to reduce sweating, treat blepharospasm (involuntary closing of the eyelids), bruxism (unconscious clenching of the teeth or night-time grinding), for tension headaches or migraines, or for rejuvenation – smoothing out expression lines (especially between the eyebrows, on the forehead and around the eyes).

WHICH BOTULINUM TOXIN DO WE USE?

Botulinum toxin type A, e.g. Vistabel, Dysport...

HOW IS THE TREATMENT PERFORMED?

The area is disinfected, then botulinum toxin is injected with a very fine needle into the designated areas. The procedure is minimally painful; sometimes, there is a slight burning sensation when injected.

To smooth the expression lines and prevent blepharospasm, it is injected into the muscles, where it temporarily weakens their activity, and to reduce perspiration, it is injected into the areas on the skin, where we want to prevent it (armpits, hands, etc.).

The effect starts after three to five days, and is complete after 14 days.

HOW MANY REPETITIONS ARE NECESSARY?

Muscle inhibition therapies are repeated approximately every 4–6 months, and sweating inhibition therapies every 9 months.

In any case, an additional correction 14 days after the first injection is possible, if necessary.

THE SUCCESS OF THE PROCEDURE

In most cases, the expected result is achieved and is assessed after 14 days. As well as reducing perspiration or the appearance of wrinkles, it has a beneficial psychological effect by boosting self-confidence.

The result may vary depending on the individual response (presence of antibodies to botulinum toxin, depth of wrinkles, thickness of muscles, etc.).

CONTRAINDICATIONS OR FOR WHOM IS THE PROCEDURE NOT SUITABLE

Treatment should not be administered during pregnancy and lactation, in case of diseases of the neuromuscular system and in case of inflammation of the skin at the injection site. Anyone allergic to cow's milk should not be given abobotulinumtoxinA – marketed as Dysport.

SIDE EFFECTS AND COMPLICATIONS

The most common side effects are transient headache and injection reactions, such as flushing, swelling, skin irritation, rash, itching, numbness, pain, discomfort, stinging, bruising, bleeding, infection. These reactions usually occur within the first week after the injection, and are mild and reversible. There is a small chance of eyelid drooping or vision problems, which is transient. Very rarely, botulinum toxin can cause muscle weakness outside the injection area and an allergic reaction.

POST-PROCEDURE INSTRUCTIONS

You must remain upright for four hours after the procedure, you must not consume alcohol or exercise vigorously for 24 hours, and you must not massage the treated area or visit saunas for 14 days. Regular daily cosmetics can be used starting the next day. Any bruising may be covered with powder.

If further correction is needed, the procedure is possible after 14 days, otherwise the treatment is repeated after 4–9 months.

You can return to work or your daily activities immediately after the procedure.

Prior to the examination, you must also fill out the Informed Consent form together with the doctor as regulated by the Patient Rights Act and the Doctor's Duty to Obtain an Informed Consent. The rules for filling out the form and the statement are presented upon your arrival at our institution.

PLEASE ASK US ABOUT ANYTHING YOU DID NOT UNDERSTAND IN THIS NOTICE AND WANT ADDITIONAL EXPLANATION FOR.

We will take care of your health and well-being to the best of our ability. Thank you for your confidence in us.

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