

WHAT IS FOTONA 4D?

Fotona 4D is a non-invasive laser facial rejuvenation procedure, performed in four steps and working from the inside out with the Fotona laser. The treatment improves skin tone and elasticity, reduces wrinkles, refreshes and improves the texture and other signs of ageing on the skin.

The procedure is a natural way to maintain a youthful appearance, slow down facial ageing, rejuvenate the face, restore radiant and toned skin, and lift the face.

WHICH LASER DO WE USE?

Fotona SP Dynamis.

HOW IS THE TREATMENT PERFORMED?

Cleanse the face and protect the eyes with laser goggles. The procedure is carried out in four steps:

1. We start in the mouth on the mucous membranes, stimulating collagen production and tightening the skin around the mouth and jaw area. Wrinkles that run from the nose to the mouth (nasolabial folds) and fine lines around them are reduced.
2. We perform the FRAC3 adjustment procedure over the entire face to remove pigments and deeper wrinkles, giving the skin a better texture and appearance.
3. The skin is heated with a laser to tighten, firm and lift (lifting effect).
4. We perform an extremely gentle laser peel that corrects fine surface imperfections. Skin is refreshed, firmed and radiant.

During the procedure, there is warmth and an occasional stinging and slight burning sensation, which quickly subsides.

After the procedure, the skin does not appear damaged; sometimes, it has a slightly lighter or mild pinkish tinge, which returns to normal by the next day. Very rarely, there is mild swelling and minimal peeling, which resolves within a day or two.

HOW MANY REPETITIONS ARE NECESSARY?

For optimal results, one treatment per month is recommended, three to four times in a row, then once a year for maintenance or individually, depending on the condition of the facial skin.

THE SUCCESS OF THE PROCEDURE

After the first treatment, the skin is already tighter and more radiant; even more intense effects gradually appear over three to four months, with the maximum visible effect after six months. Four treatments are recommended for optimal results.

CONTRAINDICATIONS OR FOR WHOM IS THE PROCEDURE NOT SUITABLE?

For pregnant women and those who are hypersensitive to light, have active inflammation on the face or take phototoxic drugs.

SIDE EFFECTS AND COMPLICATIONS

After the procedure, you may experience redness, swelling, dryness and peeling, which will subside within a day or two, but may persist longer.

POST-PROCEDURE INSTRUCTIONS

It is recommended to apply a renewal cream and to consistently use sunscreen.

You can return to work or your daily activities immediately after the procedure.

Prior to the examination, you must also fill out the Informed Consent form together with the doctor as regulated by the Patient Rights Act and the Doctor's Duty to Obtain an Informed Consent. The rules for filling out the form and the statement are presented upon your arrival at our institution.

PLEASE ASK US ABOUT ANYTHING YOU DID NOT UNDERSTAND IN THIS NOTICE AND WANT ADDITIONAL EXPLANATION FOR.

We will take care of your health and well-being to the best of our ability. Thank you for your confidence in us.

Prepared by:

Janja Šmid Vauhnik, MD, Dermatovenerology Specialist