

WHAT ARE HYALURONIC ACID FILLERS (FILLERS)?

The fillers are transparent gels of different densities, composed of non-animal hyaluronic acid, so the risk of AN allergic reaction is minimised. They are injected under the skin to smooth wrinkles, reduce lines, enhance and contour the lips, correct earlobes, accentuate facial features, fill in volume loss in the face and backs of the hands, and correct minor asymmetries. Their effect lasts for about a year, as the filler gradually breaks down.

WHICH FILLERS DO WE USE?

Safe hyaluronic acid fillers from renowned manufacturers (Teosyal, Juvederm, Neauvia). Some contain an anaesthetic.

HOW IS THE TREATMENT PERFORMED?

The doctor injects a gel of the appropriate density into the area you want to change.

HOW MANY REPETITIONS ARE NECESSARY?

The filler is usually applied once a year. If you would like more refills at the same or another site, it can be injected at any time before.

THE SUCCESS OF THE PROCEDURE

The effect of the filler is noticeable immediately after the procedure, but the appearance is not yet complete due to the local reaction. Depending on the skin type, site and injection techniques, the effect varies in duration. It is visible for up to 12 months, but in some cases (e.g. weight loss, heat exposure), it is shorter lasting. The procedure can be repeated later.

CONTRAINDICATIONS OR FOR WHOM IS THE PROCEDURE NOT SUITABLE?

The procedure should not be performed in pregnant women, nursing mothers and children; in persons with untreated epilepsy, chronic or acute inflammation of the skin at the injection site, known allergy to the filler ingredient, serious organic and systemic diseases, including autoimmune diseases, a tendency to hypertrophic scarring, a bleeding disorder or a tendency to haemorrhage. Special care is needed for people taking anti-clotting medication, as bleeding or bruising may occur at the site of the procedure. Hyaluronic acid fillers should not be injected in the same place where a permanent filler is already present.

SIDE EFFECTS AND COMPLICATIONS

Redness, swelling, pain, itching, bruising and tenderness may occur at the injection site. These reactions are mostly mild to moderate and resolve spontaneously within a few days after treatment. The following complications have not been encountered in our practice, but are described in the literature as extremely rare and you should be aware of them: local allergic reactions, manifested as temporary swelling and induration at the injection site, sometimes involving the surrounding tissues, and possibly also as redness, tenderness and acne-like changes. They can appear within a few days or even a few weeks after the procedure and last up to two weeks.

In very rare cases, there may be numbness of the nerves at the injection site; displacement of the filler; prolonged induration; abscess formation or grey discolouration of the skin; and, even more rarely, scabbing and peeling of the skin, which may result in a small scar. The literature also describes very rare cases of necrosis (death) of the skin and subcutaneous tissue, visual impairment and blindness, cerebral ischaemia or haemorrhage that can lead to stroke.

POST-PROCEDURE INSTRUCTIONS

No massage in the treated area and no sauna for 14 days after the procedure. No hot drinks or soup should be consumed and no kissing should be done after the procedure on the lips.

You can return to work or your daily activities immediately after the procedure.

Prior to the examination, you must also fill out the Informed Consent form together with the doctor as regulated by the Patient Rights Act and the Doctor's Duty to Obtain an Informed Consent. The rules for filling out the form and the statement are presented upon your arrival at our institution.

PLEASE ASK US ABOUT ANYTHING YOU DID NOT UNDERSTAND IN THIS NOTICE AND WANT ADDITIONAL EXPLANATION FOR.

We will take care of your health and well-being to the best of our ability. Thank you for your confidence in us.

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