

WHAT IS HIFU?

The device is used for non-surgical face lifting, tightening and firming of the skin on the face and body, reduction of fine lines around the mouth and eyes, and as a weight loss aid to remove accumulated subcutaneous fat and cellulite.

HIFU stands for High Intensity Focussed Ultrasound. The procedure is designed to tighten and lift sagging skin on the face, double chin, neck and décolletage, upper arms, abdomen and thighs, and to rejuvenate. The HIFU Ultraformer III is also certified for the removal of localised fatty deposits and cellulite.

WHICH HIFU DEVICE DO WE USE?

HIFU Ultraformer III.

HOW IS THE TREATMENT PERFORMED?

The procedure is non-invasive. The skin is lubricated with gel; mild discomfort may be felt as the ultrasound (HIFU) probe moves over the skin.

The HIFU device non-surgical face and chin lift stimulates tissue heating and contraction at a depth of 4.5mm at the level of the superficial musculoaponeurotic system (SMAS), which is crucial for a facelift.

With its skin tightening, firming and rejuvenating attachments, the HIFU Ultraformer III stimulates collagen production at the epidermis and at a depth of 1.5mm and 3mm, thus contributing to rejuvenation. It can be used on the forehead, around the eyes to reduce wrinkles and under-eye lines, to improve the jawline, V-line of the face, double chin shape, reduce neck wrinkles and firm sagging skin on the upper arms, abdomen, thighs, around the knees, and to improve décolletage and breast lift.

Fat is broken down locally by the focused action of the ultrasound waves of fat-breaking attachments; this fat must be used up through regular exercise and diet. The procedure is suitable for areas where you want to get rid of fat but normal weight loss alone is not enough. Successfully removes cellulite on thighs, buttocks, belly, upper arms, around the knees.

HOW MANY REPETITIONS ARE NECESSARY?

To tighten and rejuvenate the skin, it is recommended to repeat the treatment two months after the first treatment, then once a year.

For the removal of accumulated fat and cellulite, the treatment can be repeated once or twice a month, while following a reduction diet and engaging in regular physical activity.

THE SUCCESS OF THE PROCEDURE

The skin becomes more toned, supple and radiant after a rejuvenation treatment. It takes at least three weeks for the skin to start forming new collagen, so the first results can be noticed after one month, and then over the next few months, the additional collagen production continues to improve the skin's appearance in terms of firmness, tightness, elasticity and facelift effect.

Fat loss is proportional to the adherence to a reduction diet and calorie consumption; the device only helps in removing fat and cellulite from areas where not wanted.

CONTRAINDICATIONS OR FOR WHOM IS THE PROCEDURE NOT SUITABLE?

The procedure is not suitable for children and pregnant women, in case of fresh inflammation in the treated area (bacterial, fungal, herpes), autoimmune diseases, excessive scarring and Bell's palsy.

SIDE EFFECTS AND COMPLICATIONS

Bruising, fine lines on the skin, pain to the touch or a feeling of a beaten muscle may occur. The

problem resolves within a few days or weeks after the procedure.

POST-PROCEDURE INSTRUCTIONS

Up to two hours after the procedure, the skin is red and the next day, there may be a feeling of tissue fatigue, as after an intense workout. We advise against visiting the sauna on the day of the procedure; regular care is normal.

You can return to work or your daily activities immediately after the procedure.

Prior to the examination, you must also fill out the Informed Consent form together with the doctor as regulated by the Patient Rights Act and the Doctor's Duty to Obtain an Informed Consent. The rules for filling out the form and the statement are presented upon your arrival at our institution.

IF YOU HAVE ANY QUESTIONS REGARDING THIS BROCHURE, PLEASE CONTACT US FOR FURTHER INFORMATION.

We will take care of your health and well-being to the best of our ability. Thank you for your confidence in us.

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