

WHAT IS SKIN REJUVENATION WITH THREADS?

It's a simple non-surgical lift of the face and neck skin and the brows where resorbable threads are placed and tightened under the skin under local anaesthesia to lift sagging areas and redefine the jawline and facial contours. New collagen production is stimulated and skin firmness and elasticity are improved.

WHICH THREADS DO WE USE?

Silhouette Soft poly-L-lactic acid (PLLA) resorbable threads are used.

HOW IS THE TREATMENT PERFORMED?

The skin is disinfected and a local anaesthetic is injected into the injection site. The skin is sterile cleansed, protected with a sterile compress, the threads are applied and tightened. The injection site is protected with a patch.

HOW MANY REPETITIONS ARE NECESSARY?

One procedure is needed, which can be repeated in a year and a half or later.

THE SUCCESS OF THE PROCEDURE

The lifting effect is noticeable immediately after the procedure. Over time, the appearance is further improved by stimulating natural collagen regeneration, which lasts for several months and leads to further gradual tightening and rejuvenation of the skin.

The effect lasts 18 months to two years.

CONTRAINDICATIONS OR FOR WHOM IS THE PROCEDURE NOT SUITABLE?

For minors, pregnant and breastfeeding women, persons with allergies to thread ingredients or hypersensitivity to plastic or biomaterial, persons with a history of permanent fillers in the treatment area, acute and chronic skin inflammation in the treatment area, autoimmune or current infectious diseases. You should warn your doctor if you are taking anti-clotting medication.

SIDE EFFECTS AND COMPLICATIONS

Thread insertion is a safe and minimally invasive procedure. There may be mild discomfort during the procedure, with occasional short-term pain. Transient bruising, redness and swelling may occur and is resolved within a few days.

A tiny indentation is visible at the entry points for one week and the skin may also be wrinkled.

Infections and nerve injuries are very rarely described in the literature, but there are no significant complications if the instructions are strictly followed, and the treatment is very safe.

POST-PROCEDURE INSTRUCTIONS

The treated skin should not be washed, make-up applied or shaved for 24 hours after the procedure. Gentle washing and care are allowed from day 2 to day 5.

For the first five days, antibiotic cream should be applied to the injection sites twice a day, and paracetamol (Lekadol) should be taken if necessary for pain. Sleeping on your back with your head slightly elevated is also recommended for the first five days.

For the first three weeks after the procedure, wide mouth opening, dental procedures, heavy physical activity, visits to the sauna and beautician are prohibited.

Sudden neck and facial movements, massage or rubbing of the treated area should be avoided for two weeks after the procedure.

Consistent sun protection is required. The visit of a solarium is forbidden.

You can return to work or daily activities 7–21 days after the procedure, depending on the nature of your work and activities.

Prior to the examination, you must also fill out the Informed Consent form together with the doctor as regulated by the Patient Rights Act and the Doctor's Duty to Obtain an Informed Consent. The rules for filling out the form and the statement are presented upon your arrival at our institution.

IF YOU HAVE ANY QUESTIONS REGARDING THIS BROCHURE, PLEASE CONTACT US FOR FURTHER INFORMATION.

We will take care of your health and well-being to the best of our ability. Thank you for your confidence in us.

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