

WHAT IS CHEMICAL PEEL TREATMENT?

It is a procedure where a chemical solution is applied to the skin. After the procedure, the skin peels off; a new, rejuvenated, more radiant and toned skin is created, with no hyperpigmentation and fine lines. The procedure is performed on the face or body.

Chemical peels are superficial, medium and deep. With superficial peels, there is barely noticeable peeling after the procedure, with medium peels the skin peels off in patches, and with deep peels, a longer recovery time is needed.

Chemical peels are used to rejuvenate photoaged skin, lighten hyperpigmentation, and on acne-prone and oily skin.

WHICH CHEMICAL PEELS DO WE PERFORM?

PRX biorevitalisation, the gentlest form of peels, where peeling is not noticeable and can be performed even in summer for firmer, tighter and more radiant skin.

RETINOL peeling is based on vitamin A (retinol) and is one of the most gentle peels. After three days, a slight peeling is present. It reduces the effects of photoageing, helps with acne and problematic skin. Skin tension is improved, leaving it smooth, radiant and rejuvenated.

AHA peels with fruit acids, which are superficial to medium deep and suitable for removing hyperpigmentation, rejuvenating and removing fine lines and wrinkles, and for problematic oily and acne-prone skin to reduce the appearance of pores and oily shine.

TCA peels with trichloroacetic acid, which, depending on the concentration, work at medium or deep depth and are suitable for removing hyperpigmentation and smoothing wrinkles.

WITH SALICYLIC ACID for oily and acne-prone skin.

COMPOSED PEELS containing various chemical ingredients in different percentages and are used for different indications.

HOW IS THE TREATMENT PERFORMED?

The procedure depends on the type of a chemical peel. Before the procedure, any contact lenses and jewellery must be removed, then the skin is cleansed, the eyes are protected with the swabs and the sensitive areas are treated with petroleum jelly. The peel is applied according to the protocol for each type of chemical peel. During the procedure, a mild burning sensation is felt, which stops after the chemical reaction has stopped.

Some peels need to be neutralised, others are left on the skin for a few hours and need to be washed off at home, while in others, the reaction is stopped by applying a greasy cream. Each client receives detailed instructions on each type of the peel.

HOW MANY REPETITIONS ARE NECESSARY?

The number of repetitions depends on the problem being addressed and the type of a chemical peel. Usually, one to six repetitions are needed at intervals of one to four weeks.

THE SUCCESS OF THE PROCEDURE

The effect is visible already after the first procedure and increases with further repetitions.

CONTRAINDICATIONS OR FOR WHOM IS THE PROCEDURE NOT SUITABLE?

The procedure is not suitable for pregnancy, breastfeeding, allergy to peeling ingredients, vitiligo, active inflammation or infection of the skin (herpes...), systemic connective tissue diseases, current retinoid use, tendency to keloid scarring and untreated systemic diseases (e.g. diabetes, thyroid problems, carcinoma...).

SIDE EFFECTS AND COMPLICATIONS

Redness and peeling are expected and resolved within a week or two. Transient tightening, stinging, itching, tenderness, burning and mild swelling of the skin may occur and resolve within one week. In exceptional cases, superficial peels can cause perioral dermatitis, acne breakouts, or herpes. In very rare cases, there may be pronounced peeling in patches, blistering, hyper- and hypopigmentation, scarring, scabs, and infection.

POST-PROCEDURE INSTRUCTIONS

The instructions depend on the type of a chemical peel. After the procedure, a nourishing cream should be applied for one to two weeks, and then switch to the usual cosmetics. The peeling starts two to three days after the peel and lasts about four to seven days. Consistent sun protection is required.

For superficial and medium-depth peels, you can go back to work or your daily activities basically immediately after the treatment, as long as the activities are not in the sun. We recommend the peel is done in the middle of the week, so the skin peels off mostly over the weekend. Deep peels require 7–14 days of rehabilitation.

Prior to the examination, you must also fill out the Informed Consent form together with the doctor as regulated by the Patient Rights Act and the Doctor's Duty to Obtain an Informed Consent. The rules for filling out the form and the statement are presented upon your arrival at our institution.

IF YOU HAVE ANY QUESTIONS REGARDING THIS BROCHURE, PLEASE CONTACT US FOR FURTHER INFORMATION.

We will take care of your health and well-being to the best of our ability. Thank you for your confidence in us.

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