

WHAT IS A RETINOL CHEMICAL PEEL TREATMENT?

It's a medical peel based on vitamin A (retinol). Retinol is specially formulated to exfoliate the skin, remove fine lines, pores, visually soften acne scars, reduce the effects of photo-radiation, help with acne and problematic skin, improve skin firmness. It leaves skin smooth, radiant and rejuvenated.

WHICH PEELS DO WE USE?

NeoStrata Pro System Retinol Peel.

HOW IS THE TREATMENT PERFORMED?

Contact lenses (if worn) are removed, skin is prepared, and NeoStrata Pro System Retinol Peel is applied, and after 10 minutes the patient can go home with instructions on how to proceed.

HOW MANY REPETITIONS ARE NECESSARY?

The repetitions come every six to eight weeks in the autumn/winter. A series of peels (three to five) is recommended to achieve a better effect.

THE SUCCESS OF THE PROCEDURE

After the first treatment, the effect is visible and intensifies with repeated treatments.

CONTRAINDICATIONS OR FOR WHOM IS THE PROCEDURE NOT SUITABLE?

The procedure is not suitable for pregnancy, breastfeeding, allergy to peeling ingredients, vitiligo, active inflammation or infection of the skin (herpes...), systemic connective tissue diseases, retinoid use, tendency to keloid scarring and untreated systemic diseases (e.g. diabetes, thyroid problems, carcinoma...). The procedure is not carried out on eyelids.

SIDE EFFECTS AND COMPLICATIONS

Redness and peeling are expected and resolved within a week. Transient tightening, stinging, itching, tenderness, burning and mild swelling of the skin may occur and resolve within one week.

In exceptional cases, superficial peels can cause perioral dermatitis, acne breakouts, or herpes.

If the peel is left on the face for too long, it can cause pronounced peeling in patches, blistering, hyper- and hypopigmentation, scarring, scabs, and infection.

POST-PROCEDURE INSTRUCTIONS

The peel should be washed off at home after eight hours, or after three hours if the skin is sensitive. Then Neostrata Bionic Cream or another gentle moisturiser and sunscreen is applied, continued for two weeks, and then switched to normal cosmetics.

The peeling starts two to three days after the peel and lasts about four to seven days.

Consistent sun protection is essential.

Generally, you can return to work or your daily activities immediately after the procedure, as long as the activities are not in the sun. It is recommended the peel is done in the middle of the week, so the skin peels off mostly over the weekend.

Prior to the examination, you must also fill out the Informed Consent form together with the doctor as regulated by the Patient Rights Act and the Doctor's Duty to Obtain an Informed Consent. The rules for filling out the form and the statement are presented upon your arrival at our institution.

IF YOU HAVE ANY QUESTIONS REGARDING THIS BROCHURE, PLEASE CONTACT US FOR FURTHER INFORMATION.

We will take care of your health and well-being to the best of our ability. Thank you for your confidence in us.

Prepared by:

Janja Šmid Vauhnik, MD, Dermatovenerology Specialist