

WHAT IS PLATELET-RICH PLASMA (PRP) SKIN THERAPY?

It's a therapy using the patient's own platelet-rich plasma, which is extracted from the patient's own blood and injected into the problem area. It is used for natural skin rejuvenation and hair growth stimulation.

PRP therapy improves complexion, reduces fine lines and dark circles around the eyes, nourishes and hydrates the skin, slows ageing and the appearance of sagging. Skin tension and elasticity are increased,

Microcirculation improves and its metabolism speeds up rehabilitation after invasive and surgical procedures (e.g. laser on the skin or hair transplantation in the scalp); scalp therapy improves hair growth and reduces hair loss.

WHICH TUBES DO WE USE?

Plasmolifting TM.

HOW IS THE TREATMENT PERFORMED?

First, blood is taken from the patient, from which a special procedure is used to obtain the patient's own platelet-rich plasma (PRP), which appears as a yellowish liquid. Before injecting into the treatment area (e.g. face, neck, backs of hands, scalp, etc.), the area is lubricated with anesthetic cream to make the injections as painless as possible.

HOW MANY REPETITIONS ARE NECESSARY?

The rejuvenation and hair growth acceleration treatments are carried out every four weeks, three to six times in a row, and then can be repeated after six months. For other indications (lichen sclerosus et atrophicus vulvae, ulcers, cellulitis, dry lips), injections are given five times in a row every 10 days.

THE SUCCESS OF THE PROCEDURE

Desired results require several procedures and following the instructions for each indication. The results can be seen several weeks to months after the last injection.

CONTRAINDICATIONS OR FOR WHOM IS THE PROCEDURE NOT SUITABLE?

The procedure should not be performed in pregnant women and breastfeeding mothers, persons with blood diseases, autoimmune urticaria, systemic skin disease, current oncological disease, acute inflammation, allergy to heparin sodium, taking anti-clotting medications.

SIDE EFFECTS AND COMPLICATIONS

There are often puncture marks visible after the procedure; bruising may occur and resolve within a week. Occasionally, there may be swelling, pain, headache and a feeling of pressure. Very rarely, hyperpigmentation and infection may occur.

POST-PROCEDURE INSTRUCTIONS

After the procedure, the skin is treated with a cream to accelerate healing, which is continued for 10–14 days, after which it can be switched to normal cosmetics. It's not recommended to use sauna, take a shower or wash your hair with hot water for 14 days after the procedure. After 24 hours, any bruising can be covered with powder foundations or tinted cream. Consistent sun protection is required.

With PRP scalp treatment, you go back to work or daily activities immediately, and with PRP facial treatment in one to five days.

Prior to the examination, you must also fill out the Informed Consent form together with the doctor as regulated by the Patient Rights Act and the Doctor's Duty to Obtain an Informed Consent. The rules for filling out the form and the statement are presented upon your arrival at our institution.

IF YOU HAVE ANY QUESTIONS REGARDING THIS BROCHURE, PLEASE CONTACT US FOR FURTHER INFORMATION.

We will take care of your health and well-being to the best of our ability. Thank you for your confidence in us.

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